

THE SECRET SAUCE - PRAYER AND FASTING

Chad Everett | The Roads Church | Jan 12, 2020

YouTube Link: <http://bit.ly/TheSecretSauceYouTube>

I. Prayer and Fasting:

A. Why food? - Food is a NEED

1. **Phil 4:19** 19 And my God shall supply all your need according to His riches in glory by Christ Jesus.
2. **Matt 4:4** 4 But He answered and said, It is written, Man shall not live by bread alone, but by every word that proceeds from the mouth of God.

B. **Prayer and fasting is about spiritual breakthrough**

1. **Mark 9:28-29** - Casting out Deaf and Dumb spirit
2. **Matt 17:19-21** - Rebuked the demon in Epileptic son

C. **John Wesley** - *"It seems that God is limited by our prayer life – He can do nothing for humanity unless someone asks Him."*

1. **James 5:16** 16 Confess your trespasses to one another, and pray for one another, that you may be healed. The effective, fervent prayer of a righteous man avails much.

II. PRAYER - Basic Principles of establishing prayer in our lives

A. **1) When and Where** - Set a time and place

1. **Matt 6** - Have a secret time and place for you and God alone.

B. **2) What** - Pray Word based prayers

1. **1 John 5:14-15**

a) **Confidence** - *parresia* - State of boldness and confidence in speech, free or all-outspokenness, freedom of speech, frankness or candor

2. **Jer 1:12** 12 Then the Lord said to me, "You have seen well, for *I am ready to perform My word.*"

III. 3) How - Pray Bold, Pray Believing

A. **Heb 4:14-16**

1. **Bodily** - *parresia* - State of boldness and confidence in speech, free or all-outspokenness, freedom of speech, frankness or candor

2. **Our side**

a) **Source of our boldness** - Knowing or assurance in the spirit of:

(1) **Identity** - Who you are in Christ - ACCESS as a son/daughter

(a) **Eph 3:12 NLT** 12 **Because of Christ** and our faith in him, we can now come boldly and confidently into God's presence.

(2) **Covenant Rights** - What belongs to you as an heir of God

(a) **Rom 8:16-17** heirs of God and joint heirs with Christ

b) **Obtain** - *lambano* - To receive or accept an object or benefit for which the initiative rests with the giver, but the focus of attention in the transfer is upon the receiver

(1) To take, seize or get hold of what is offered

3. **His side**

a) **Throne** - *thronos* - Place from which authority or rule is exercised

