THE SECRET SAUCE - PRAYER AND FASTING

Chad Everett | The Roads Church | Jan 12, 2020 YouTube Link: http://bit.ly/TheSecretSauceYouTube

I. <u>Prayer and Fasting</u>:

- A. Why food? Food is a NEED
 - 1. **Phil 4:19** 19 And my God shall supply all your need according to His riches in glory by Christ Jesus.
 - 2. <u>Matt 4:4</u> 4 But He answered and said, It is written, Man shall not live by bread alone, but by every word that proceeds from the mouth of God.
- B. Prayer and fasting is about spiritual breakthrough
 - 1. Mark 9:28-29 Casting out Deaf and Dumb spirit
 - 2. Matt 17:19-21 Rebuked the demon in Epileptic son
- C. **John Wesley** "It seems that God is limited by our prayer life He can do nothing for humanity unless someone asks Him."
 - 1. <u>James 5:16</u> 16 Confess your trespasses to one another, and pray for one another, that you may be healed. The effective, fervent prayer of a righteous man avails much.

I. PRAYER - Basic Principles of establishing prayer in our lives

- A. 1) When and Where Set a time and place
 - 1. Matt 6 Have a secret time and place for you and God alone.
- B. 2) What Pray Word based prayers
 - 1. <u>1 John 5:14-15</u>
 - a) <u>Confidence</u> parresia State of boldness and confidence in speech, free or alloutspokenness, freedom of speech, frankness or candor
 - Jer 1:12 12 Then the Lord said to me, "You have seen well, for <u>I am ready to perform My</u> word."

III. 3) How - Pray Bold, Pray Believing

A. Heb 4:14-16

1. <u>Bodly</u> - *parresia* - State of boldness and confidence in speech, free or all-outspokenness, freedom of speech, frankness or candor

2. Our side

- a) Source of our boldness Knowing or assurance in the spirit of:
 - (1) Identity Who you are in Christ ACCESS as a son/daughter
 - (a) Eph 3:12 NLT 12 Because of Christ and our faith in him, we can now come boldly and confidently into God's presence.
 - (2) Covenant Rights What belongs to you as an heir of God
 - (a) Rom 8:16-17 heirs of God and joint heirs with Christ
- b) <u>Obtain</u> *lambano* To receive or accept an object or benefit for which the initiative rests with the giver, but the focus of attention in the transfer is upon the receiver
 - (1) To take, seize or get hold of what is offered

3. His side

a) Throne - thronos - Place from which authority or rule is exercised

- b) Grace charis Goodwill freely dispersed by God; kindness, favor, graciousness
- c) <u>Mercy</u> *eleos* Leniency and compassion shown towards offenders by a person of authority

B. <u>Luke 11:1-13</u> - Boldness or persistence in prayer

1. <u>Persistence</u> - *anaideia* - Pressing solicitation, urgent request which is urged with troublesome frequency, shameless immodesty or audacity

C. <u>Luke 18:1-8</u>

- 1. Lose heart enkakeo Become discouraged or disheartened; lose motivation or give up
- 2. **Weary** hypopiazo Wear down, exhaust by annoyance

IV. APPLICATION:

- A. How can I pursue more of God through prayer and fasting this week?
- B. What GREATER things am I believing God for in 2020?
- C. What is hindering my boldness in prayer?

D. What areas have I lost heart? How can I be more persistent in prayer?					er?