

**THE SECRET SAUCE - PRAYER AND FASTING**  
Chad Everett | The Roads Church | Jan 26, 2020  
YouTube Link: <http://bit.ly/TheSecretSauceYouTube>

- I. **PRAYER - Basic principles of establishing prayer in our lives**
  - A. **1) When and Where - Set a time and place**
    1. Former Executive Vice President of Walt Disney World Resorts, Lee Cockerell said, *"What gets scheduled gets done."*
  - B. **2) What - Pray Word based prayers**
    1. **Isa 55:10-11** - His word will not return void, it will accomplish what He sends it to do
  - C. **3) How - Pray Bold, Pray Believing**
- II. **Luke 18:1-8** - Concluding illustration of Jesus' teaching in chapter 17 of the return of Christ
  - A. **V1 - Jesus answers two important questions about prayer:**
    1. **HOW OFTEN?**
    2. **HOW LONG?**
  - B. **HOW OFTEN - "ALWAYS" - FREQUENCY, HABIT, CONSISTENCY**
    1. **Always** - *pantote* - Duration of time, at all times, on every occasion
    2. **1 Thess 5:16-18** - Never stop praying
      - a) **Ceasing** - *adialeiptos* - Uninterruptedly, without omission, continuous activity
    3. **Phil 4:6-7** - Be anxious for nothing, pray about everything
      - a) **Anxious** - *merimnao* - Apprehension, worried, troubled, anxiety
        - (1) **Be (Become)** - Come to be; undergo change or development
        - b) **Prayer** - *proseuche* - To speak to God, ask or make a request
        - c) **Supplication** - *deesis* - An earnest or urgent request to God
        - d) **Thanksgiving** - *eucharistia* - Express gratitude or show appreciation
          - (1) **1 Peter 5:7** 7 casting all your care upon Him, for He cares for you.
        - e) **Peace** - *eirene* - Harmony, tranquility, favorable, free from worry
        - f) **Surpasses** - *huperecho* - To hold above; To excel or surpass in value
        - g) **Understanding** - *nous* - The mind, the psychological facility of understanding, reasoning and deciding; way of thinking
          - (1) **Prov 3:5-6** - Do not lean on your own understanding, Trust in Him
        - h) **Guard** - *phroureo* - To keep watch over, guard against
    - C. **HOW LONG? - "NOT LOSE HEART" - PERSISTENCE, TENACITY, COURAGE**
      1. **Lose heart** - *enkakeo* - Become discouraged or disheartened; lose motivation or give up
      2. **Discourage** - *Webster* - "dis"-courage; to deprive of courage

