THE SECRET SAUCE - PRAYER AND FASTING Part 4
Chad Everett | The Roads Church | Jan 19, 2020

FASTING - Increasing Capacity
A. **Matt 9:14-17** - We are preparing new wineskins for new wine
  1. Let’s stay soft and flexible! Don’t be stiff or rigid!

PRAYER - Basic Principles of establishing prayer in our lives
A. **1) When and Where** - Set a time and place
B. **2) What** - Pray Word based prayers
C. **3) How** - Pray Bold, Pray Believing
  1. Boldness and Humility are not opposites in the kingdom of heaven.

I. **Heb 4:14-16**
A. **Eph 3:12 NLT** 12 Because of Christ and our faith in him, we can now come **boldly** and **confidently** into God’s presence.
B. **Boldly** - *parresia* - State of boldness and confidence in speech, free or all-outspokenness, freedom of speech, frankness or candor
C. **Throne** - *thronos* - Place from which authority or rule is exercised
D. **Grace** - *charis* - Goodwill freely dispersed by God; kindness, favor, graciousness
E. **Mercy** - *eleos* - Leniency and compassion shown towards offenders by a person of authority
F. **Obtain** - *lambano* - To receive or accept an object or benefit for which the **initiative rests with the giver**, but the focus of **attention in the transfer is upon the receiver**
   a) To take, seize or get hold of what is offered
G. “FIND GRACE TO HELP IN TIME OF NEED”
   1. **Grace** - *charis* - Goodwill freely dispersed by God; kindness, favor, graciousness
   2. **Help** - *boetheia* - Contributing to the fulfillment of a need; supply what may be lacking
      a) Finding something means it was already there!
      b) The “Grace to Help” is already available to us but we have to come and “FIND” it in prayer.
   3. **Time of need** - *eukairos* - Well timed or opportune time; advantageous
      a) Notice that “finding grace to help” comes **before** “time of need”
         (1) **Matt 6:8** 8…For your Father knows the things you have need of before you
b) 2 Cor 5:5 Now He who has **prepared us for this very thing** is God, who also has given us the Spirit as a guarantee.

/ We come boldly in prayer to FIND what God has available for us!
A. Luke 11:1-8 - Boldness or persistence in prayer
   1. **Persistence** - *anaideia* - Pressing solicitation, urgent request which is urged with troublesome frequency, shameless immodesty or audacity
   2. We think persistence in prayer is trying to persuade God to do something but what if He is saying that our persistence is in **“finding”** the grace to help.
B. Luke 11:9-10
   1. **Luke 11:9-10 AMP** 9 “So I say to you, ask and keep on asking, and it will be given to you; seek and keep on seeking, and you will find; knock and keep on knocking, and the door will be opened to you. 10 For everyone who keeps on asking [**persistently**], receives; and he who keeps on seeking [**persistently**], finds; and to him who keeps on knocking [**persistently**], the door will be opened.

/ APPLICATION:
A. How can I sprint across the finish line this week through prayer and fasting this week?
B. Am I coming boldly or timidly to the throne of grace?
C. Am I praying to obtain and find or just giving God my list?
D. Am I persisting in prayer until I receive, find or it’s opened?
E. What areas can I be more persistent in prayer about?