I. **Reboot** - To shut down and restart (a computer, device or program); To start up again after closing or shutting down: to boot up again
   1. Closing or shutting down (powering off)
   2. Restarting (powering back up)

II. **Rebooting through Prayer and Fasting**
   A. What things are we closing or shutting down (powering off)
   B. What things are we restarting or starting anew (powering on)
   C. **FOCUS OF FASTING**: Seeking HIM, Things we are POWERING UP

III. **Gal 5:16-25 - Flesh vs. Spirit** (Contrast or distinction)
   A. **Flesh** - *sarx* - The aspect of human nature (reasoning and desires) which contrasts with those aspects of human thought and behavior which relate to God and the spiritual nature
      1. Human nature and desires without God
   B. **Spirit** - *pneuma* - Current of air or breeze, breath; supernatural non-material being; i.e. spirit
      1. **John 4:24** 24 God is Spirit, and those who worship Him must worship in spirit and truth.
      2. **Gen 1:27** 27 So God created man in His own image; in the image of God He created him; male and female He created them.
      3. **Gen 5:1** 1 This is the book of the genealogy of Adam. In the day that God created man, He made him in the likeness of God.
      4. **Gen 2:7** 7 And the Lord God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living being.
   C. **V17 - Flesh and Spirit Lust Against one another**
      1. **Lust** - *epithumia* - A longing, desire or craving
      2. **Contrary** - *antikeimai* - To lie opposite, be adverse; be in opposition to, to oppose
      3. **Reboot**:
         a) **Fleshly desires** - Closing or shutting down? (powering off)
         b) **Spiritual desires** - Starting up? (powering on)
D. **V16 - Directive (Point of emphasis)** - Walk in the Spirit
   1. **Result (by-product)** - “Not fulfill the lust of the flesh”; Shutting Down, Powering off
   2. **Fulfill** - *teleo* - To end, complete, execute, accomplish, point aimed at as a goal; the conclusion of an act or state.
   3. **Walk** - *peripateo* - From two words:
      a) **Peri** - Through, all over or around
      b) **Pateo** - To trample or tread down a path underfoot
      c) **Gal 5:16 Amp** - walk and live [habitually] in the [Holy] Spirit [responsive to and controlled and guided by the Spirit]

E. **V18 - Who’s leading?**
   1. **Led** - *ago* - To lead, direct, or guide the movement or actions of an object

F. **V22-23 - Fruit (produce of the Spirit)**
   1. Passion Translation - 22 But the fruit produced by the Holy Spirit within you is divine love in all its varied expressions: joy that overflows, peace that subdues, patience that endures, kindness in action, a life full of virtue, faith that prevails, 23 gentleness of heart, and strength of spirit. Never set the law above these qualities, for they are meant to be limitless.