I. 2018 - Reflecting Back
   A. Food Pantry - 3,233 Families; 9,397 people - Over 180 ppl/wknd
   B. Connect Groups - Spring - 271 ppl in 27 groups; Fall - 349 ppl in 31 groups; 122 attended groups both semesters.
   C. 246 Fresh Starts; 46 Water Baptisms
II. 2019 - Reaching forward
   A. CORE VALUE - WE ARE BUILDING HIS KINGDOM - It’s bigger than us
   B. The Roads Church Mission:
      1. Connecting with Jesus, Finding Freedom, Developing Leaders, Impacting Culture
III. Phil 3:13
   A. Forgetting - epilanthanomai - To lose out of mind, neglect, overlook
   B. Reaching forward - epekeinomai - To stretch forward; extend or reach toward some goal
   C. Behind - opiso - To the back; a position behind an object
   D. Ahead - emprosthen - A position in front of an object
      1. Things to forget (neglect, overlook)
      2. Things to stretch and reach forward for
   E. V14 - What are we stretching and reaching forward for?
      1. Phil 4:13-14 TPT 13 I don’t depend on my own strength to accomplish this; however I do have one compelling focus: I forget all of the past as I fasten my heart to the future instead. 14 I run straight for the divine invitation of reaching the **heavenly goal** and gaining the victory-prize through the anointing of Jesus.
IV. 2019 - Reboot - Changing our goals, redefining winning and success
   A. Reboot - To shut down and restart (a computer, device or program); To start up again after closing or shutting down: to boot up again
   B. We can’t have a reboot without two key facets:
      1. Closing or shutting down (powering off)
      2. Restarting (powering back up)
   C. Reboot - To start anew: to refresh by making a new start or creating a new version, Restart or revive, To make a change in order to establish a new beginning.
V. 2019 - Rebooting through Prayer and Fasting
   A. What are we closing or shutting down (powering off)?
   B. What things are we restarting or starting anew (powering on)?
VI. Gal 5:16-25 - Strength in Spirit
   A. Self-control - egkrateia - Strong in a thing; masterful
   B. Why do we fast?
      1. Not about appearing more spiritual; humility and joyful attitude
         a) Biblical fasting is refraining from food for a spiritual purpose.
         b) We give up what we love for that which we love more!
      2. Strengthen our spirit and weaken the flesh
         a) Not a weight loss program but a flesh weakening program
b) Rebooting what we “yield” to. What do we submit to?

c) Reprioritize authority

3. **Fasting should be linked with prayer**
   a) Gain deeper fellowship from God.
   b) Increases the clarity in how we hear from God.
   c) Moving us; not moving God
   d) A.W. TOZER - “We have as much of God as we actually want.”

C. **Types of Fasts:**
   1. Absolute fast – No food or water.
   2. Normal fast – No food but water allowed
   3. Partial fast – abstaining from some foods or drinks and things.
   4. Western Fasting - Abstaining from certain things: TV, Video Games, social media, etc.