

HOME IMPROVEMENT - LET'S DO THIS
POWER OF COMMUNICATION

Apr 24, 2016

I. Gen 11:1 - Power of Communication

A. V6 -

1. **One** - *echad* - United; to be joined together into one whole.
2. **Mark 10:7-9** 7 'For this reason a man shall leave his father and mother and be joined to his wife, 8 and the two shall become one flesh'; so then they are no longer two, but one flesh.
3. **Language** - *Webster* - the system of words or signs that people use to express thoughts and feelings to each other.
4. **Begin** - *chalal* - An opening wedge; Believe in the process.
5. **Propose** - *zamam* - To plan, plot or imagine;
 - a) **Imagine** - to form a picture, idea or opinion in your mind of something not a reality or currently present.
 - b) **Heb 11:1** 1 Now faith is the substance of things hoped for, the evidence of things not seen.
6. **Withheld** - *batsar* - Inaccessible, out of their reach

II. Words are used for construction and destruction

- A. **Jer 1:9-10** 9 Then the Lord put forth His hand and touched my mouth, and the Lord said to me: "Behold, I have put **My** words in your mouth. 10 See, I have this day set you over the nations and over the kingdoms, To root out and to pull down, To destroy and to throw down, To build and to plant."
- B. **James 1:19** 19 So then, my beloved brethren, let every man be swift to hear, slow to speak, slow to wrath; 20 for the wrath of man does not produce the righteousness of God.

III. Communication Styles or Methods

A. Passive Communication - You matter, I don't;

1. This person uses this form of communication seems to have no needs and is the eternal long-sufferer.

B. Aggressive Communication - I matter. You don't; what I think matters and what you think doesn't.

1. Fear and love are mortal enemies - **1 John 4:18** 18 There is **no fear in love**; **but perfect love casts out fear**, because fear involves torment. But he who fears has not been made perfect in love

C. Passive Aggressive - You matter.....NOT!

1. They have all the "right answers" but have heart issues.

a) **Mark 7:6** 6...*This people honors Me with their lips, But their heart is far from Me.*

D. Assertive Communication - You matter, and so do I.

1. **What you think matters and what I think matters.**

IV. **Effective Conflict Communication** - Resolving conflict is a process

- A. **Eph 4:29** 29 Let no corrupt word proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers.
 1. **Corrupt** - *sapros* - worthless, no value; rotten, low quality.
 2. **Proceed** - *ekporeuomai* - discharge, depart or travel out from. Come out.
 3. **Edification** - *oikodome* - The process of building
 - a) Building - building involves a gradual process of developing something by putting different materials together to make a finished product
- B. **Requirements:**
 1. Speaker
 2. Listener

V. **Levels of Communication**

- A. **Cliche** - Surface level, greetings w/ absolute strangers and require zero communication skills or relationship.
- B. **Facts** - Non-emotional Facts about the kids, activities, schedules, etc.
- C. **Opinions/Ideas/Perspectives** - Express your position; Two people actually show up.
 1. **The goal of communication cannot be agreement but understanding.**
- D. **Feelings** - Intimacy and vulnerability
 1. “I” Messages - A tool that lets you see me instead of trying to convince you that you are wrong.
 2. If you can put the word “think” in the sentence and it makes sense then it’s not a feeling.
 3. **Intimacy Counterfeit:**
 - a) **Addiction** - An attempt to create intimacy through a relationship with an object.
- E. **Needs** - What is it that you need? What do you need?