

KIDZ STUDY GUIDE

POWERFUL, NOT PITIFUL
Cast Your Care and Walk by Faith

MEMORY VERSE

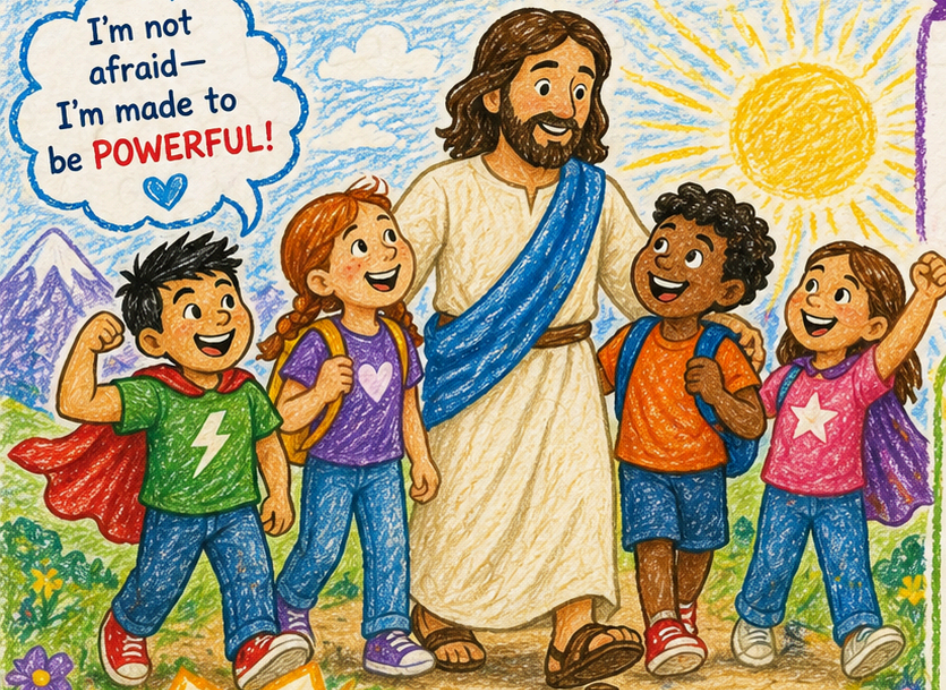
"Cast all your anxiety on Him because He cares for you."

1 Peter 5:7

BIG IDEAS

- ♥ I can give my worries to Jesus.
- ♣ I can be strong and resist the enemy.
- ★ I can keep my eyes on Jesus.
- ✝ I can trust God's forgiveness.
- 👑 I am made to be powerful in Jesus!

I'm not afraid—
I'm made to be **POWERFUL!**



**YOU ARE...
LOVED!
STRONG!
BRAVE!
POWERFUL!
IN JESUS!**

KEY WORDS

Faith

Courage

Restored

Identity

Power

Walk by faith,
not by fear!

♥ JESUS IS WITH ME. I CAN DO HARD THINGS! ♥

Powerful, Not Pitiful — Cast Your Care and Walk by Faith

Message from Blake Bradley

OVERVIEW

This week, we are learning something very important:
God did not make us to live worried, afraid, or overwhelmed.

Sometimes we feel stress, worry, or fear. We try to figure everything out on our own. But the Bible teaches us something different—we are supposed to give those worries to Jesus.

We also learn about Peter. Peter followed Jesus, but he made mistakes. He got scared, he doubted, and he even said he didn't know Jesus. But that wasn't the end of his story.

Jesus forgave Peter, restored him, and used him in a powerful way.

That means:

- 👉 We don't have to carry our worries
- 👉 We don't have to stay stuck in our mistakes
- 👉 God made us to be strong in Him

We are not made to be pitiful—we are made to be powerful.



MEMORY VERSE

“Cast all your anxiety on Him because He cares for you.” — 1 Peter 5:7

BIG WORDS

- Anxiety = feeling worried or stressed
 - Humble = knowing we need God and not trying to do everything ourselves
 - Resist = to stand against something and not give in
 - Faith = trusting God even when we don't understand
 - Restore = when God makes things right again
 - Identity = who God says you are
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SECTION 1 — GIVE YOUR WORRIES TO JESUS

WHAT DOES THIS MEAN?

God doesn't want us to carry worry. He wants us to give it to Him.

BIG IDEA

We give our worries to Jesus because He cares for us.

READ

1 Peter 5:6–7

TALK ABOUT IT

1. What does the Bible say we should do with our worries?
2. Why can we give our worries to God?
3. What does it mean to be humble before God?
4. What happens when we try to fix everything ourselves?
5. How does this show that God cares about you?

THINK ABOUT IT

- What am I worried about right now?
 - Have I talked to Jesus about it?
 - How can I give my worries to Him?
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SECTION 2 — STAY ALERT AND STAND STRONG

WHAT DOES THIS MEAN?

We need to be careful and not let the enemy trick us.

BIG IDEA

We stay strong by trusting God and saying no to lies.

READ

1 Peter 5:8–9, John 10:10

TALK ABOUT IT

1. What does it mean to be “sober-minded” (clear and focused)?
2. How is the devil described in this passage?

3. What are we told to do when the enemy tries to attack us?
4. What does John 10:10 say the enemy wants to do?
5. What does it look like to resist the enemy?

THINK ABOUT IT

- When do I feel afraid or worried?
 - Do I believe lies or God's truth?
 - How can I choose faith instead of fear?
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SECTION 3 — KEEP YOUR EYES ON JESUS

WHAT DOES THIS MEAN?

When we focus on Jesus, our faith grows strong.

BIG IDEA

We trust Jesus even when life feels scary.

READ

Matthew 14:22–33

TALK ABOUT IT

1. Why did Peter step out of the boat?
2. What happened when Peter looked at the wind and waves?
3. What does this story teach us about fear and faith?
4. What did Jesus do when Peter started to sink?
5. What does this show about trusting Jesus?

THINK ABOUT IT

- What makes me feel scared sometimes?
 - Am I focusing more on problems or on Jesus?
 - How can I trust Jesus this week?
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SECTION 4 — GOD FORGIVES AND RESTORES

WHAT DOES THIS MEAN?

Even when we mess up, Jesus forgives us and gives us another chance.

BIG IDEA

God doesn't give up on us when we fail.

READ

Luke 22:54–62, John 21:15–17

TALK ABOUT IT

1. What did Peter do when he was afraid?
2. How did Peter feel after he realized what he did?
3. How did Jesus show Peter love and forgiveness?
4. Why did Jesus ask Peter the same question three times?
5. What does this show us about God's grace?

THINK ABOUT IT

- Have I ever made a mistake and felt bad about it?
 - Do I believe Jesus forgives me?
 - How can I turn back to Him when I mess up?
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SECTION 5 — YOU ARE MADE TO BE POWERFUL

WHAT DOES THIS MEAN?

God made you to live strong in Him, not weak or defeated.

BIG IDEA

God helps us think right and live strong.

READ

Acts 2:1–4, 2 Corinthians 10:5

TALK ABOUT IT

1. What do you notice about Peter before and after the Holy Spirit came?
2. How was Peter different after that moment?
3. What does the Bible say we should do with wrong thoughts?
4. What does it mean to replace lies with truth?
5. How does knowing who you are in Jesus change how you live?

THINK ABOUT IT

- Do I feel more weak or strong in my life?
 - What lies do I need to stop believing?
 - What truth from God's Word can I believe instead?
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FINAL ENCOURAGEMENT

God did not create you to live worried, afraid, or defeated.

He cares about you, and He wants you to give Him your worries.

He helps you stand strong when the enemy tries to attack.

He is with you even when life feels scary.

And when you mess up, He forgives you and restores you.

You are not meant to carry everything on your own.

You are not meant to be pitiful—you are made to be powerful.

Stay close to Jesus. Trust His Word. Walk in faith.



ACTIVITY — CAST YOUR CARE & WALK BY FAITH

Draw a picture of **yourself giving your worries to Jesus** and then **walking by faith with Him**.