

# Kidz Study Guide:

## Put Your Foot Down!

"Because of Jesus, I can stand strong."



help  
someone



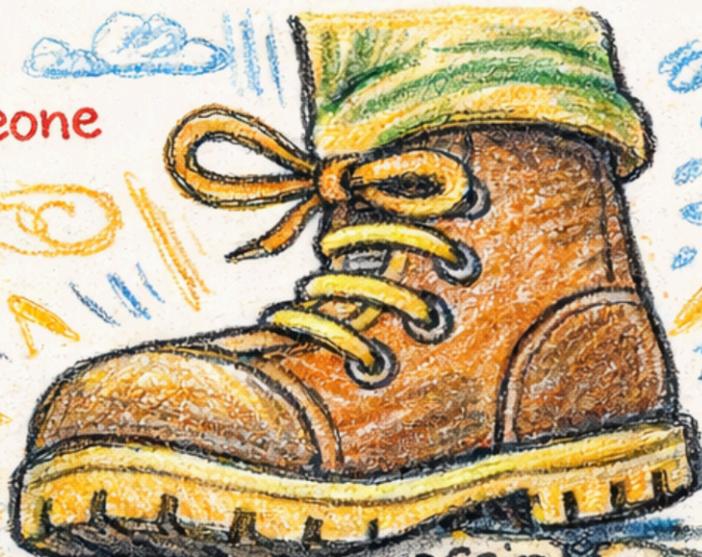
be kind



Pray



Say the  
Word



lying

bullying

gossip

bad  
attitudes

cheating



be  
kind



Jesus said,

"I have given you authority."

Luke 10:19



read  
my Bible



# SPIRITUAL AUTHORITY – RESTORED IN CHRIST

## Put Your Foot Down!

Based on the message by Chad Everett

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### OVERVIEW

This week we learned something important about following Jesus.

Jesus sent His followers out to do His work. When they came back, they were amazed because even demons obeyed Jesus' name. Jesus reminded them that He had given them **authority**.

**Authority means having the right and the power to do something because someone in charge gave it to you.**

For example: a teacher in a classroom, a police officer directing traffic, or a coach leading a team

Jesus has **all authority**, and when we follow Him, He gives us all authority to stand strong against the enemy and choose what is right.

Sometimes following Jesus means making a strong decision.

It means saying: **“No. This stops here.”**

That could mean saying no to things like **temptation, gossip, lying, or being unkind.**

When we follow Jesus, we are not weak or alone. **Jesus gives His followers the strength and authority to live for Him.**

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### MEMORY VERSE

Jesus said, “I have given you authority.” — Luke 10: 19

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## SECTION 1 — JESUS SENDS US

### READ

Luke 10:1–2 and Matthew 9:37–38

### WHAT DO YOU THINK?

1. What did Jesus do before sending His followers out?
2. Jesus said the harvest is big but the workers are few. What do you think that means?
3. Where are some places Jesus might send you during the week?  
(*Examples: school, sports, home, church, friends.*)

### Big Idea

Jesus sends His followers into the places they go every day.

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## SECTION 2 — JESUS HAS ALL AUTHORITY

### READ

Luke 10:17 and Matthew 28:18

### WHAT DO YOU THINK?

1. What happened when the disciples used the name of Jesus?
2. Jesus said **all authority belongs to Him**. What does that tell us about Jesus?
3. How could remembering Jesus has authority help you when you feel afraid or pressured?

### Big Idea

Jesus has all authority, and we can trust Him.

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## SECTION 3 — JESUS GIVES US AUTHORITY

### READ

Luke 10:19 and Romans 16:20

### WHAT DO YOU THINK?

1. What did Jesus say He gave His followers authority to do?

2. What promise does the Bible give about what God will do to Satan?
3. What are some things kids your age might need to stand strong against?  
(Examples: *bullying, lying, gossip, cheating, peer pressure.*)

 **Big Idea**

Jesus gives His followers the strength to stand strong.

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 **SECTION 4 — PUT YOUR FOOT DOWN**

**READ**

James 4:7 and Ephesians 4:27

**WHAT DO YOU THINK?**

1. According to James 4:7, what two things should believers do?
2. What does the Bible say will happen when we resist the devil?
3. What are some times when a kid might need to say:  
“**No. This stops here.**”  
(Examples: *lying, gossip, cheating, bullying.*)

 **Big Idea**

Following Jesus means choosing what is right.

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 **SECTION 5 — REMEMBER WHO YOU ARE**

**READ**

Luke 10:20 and Colossians 1:13–14

**WHAT DO YOU THINK?**

1. What did Jesus say is the greatest reason to rejoice?
2. What has Jesus done for people who belong to Him?
3. How can remembering you belong to Jesus help when you feel nervous, left out, or unsure?

 **Big Idea**

The best thing about following Jesus is that **we belong to Him.**

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## PRACTICE FOR THE WEEK

This week, live like someone who follows Jesus.

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### **STEP 1 — Ask**

Ask God: **“Jesus, where are you sending me this week?”**

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### **STEP 2 — Remember**

Say this together:

**“Jesus is my King. He gives me strength. Authority means Jesus says I can.”**

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### **STEP 3 — Do One Brave Thing**

Choose one thing this week:

- encourage someone
  - tell the truth
  - help someone
  - pray for a friend
  - stand up for someone
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### **STEP 4 — Think**

At the end of the week ask: **Did I follow Jesus where He sent me?**

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# ACTIVITY — PUT YOUR FOOT DOWN

Draw a **big boot or shoe** on the page.

Under the boot write words of things we should say **NO** to.

Under your drawing write:

**“Because of Jesus, I can stand strong.”**

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